

Somers Town Community Newsletter



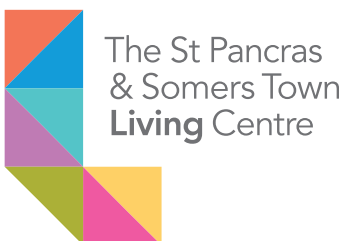
Food insecurity is...

'Broadly defined as experiencing hunger, the inability to secure food of sufficient quality and quantity to enable good health and social participation, and cutting down on food because of a lack of money.'

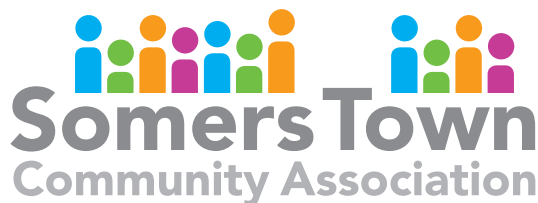
Yet a definition does not give a sense of the reality of what it means to go hungry, to cut out meals, to have nothing to feed yourself or your children, your loved ones.

Somers Town Community Association, The St Pancras and Somers Town Living Centre, Urban Community Projects, Little Village, The Francis Crick Institute, Global Generation and Blind Aid are working collectively on the Somers Town Community Hub and we are working hard with wider foodbanks to ensure no one goes hungry in Somers Town and across Camden.

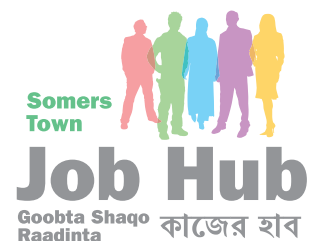
Food Poverty should not be a reality, so as a society let us collectively ask why it is and how we can as a society change that.



The St Pancras
& Somers Town
Living Centre



Somers Town
Community Association



Somers
Town

Job Hub

Goobta Shago Raadinta কাজের হাব

LOCAL NEWS AND INFORMATION

Job Hub Links

Online Workshops

We have exciting new workshops planned for November and December...

Social Media 17th November 11am – 1pm

- Get familiar with the various social media platforms available
- How to create social media accounts – LinkedIn, Facebook, Twitter, Instagram
- How to best use social media platforms for job search purposes or promoting a business
- How to use social media to keep in contact with family and friends (staying connected, especially during COVID-19)

Business Start Up/Entrepreneurs 1st December 11am – 1pm

This session will assist those who are thinking about starting a business, have a business idea or just need some information before deciding on a business idea.

- Different avenues in starting a business
- Understanding the market
- Business plan and cost implications
- Understanding the importance of business sustainability
- Real life examples of successful business

There are limited spaces so please email jobhub@somertown.org.uk or call **07949 144 230** to book your place!

We are open...

Camden Mobile Food Bank

Visit www.urbancommunityprojects.org.uk/stay-connected for more details.

We Are Ageing Better

For more details please contact jess@weareageingbetter.org.uk

Somers Town Youth Programme

Please contact youth@somertown.org.uk or follow on Twitter: [@stcayouthclub](https://twitter.com/stcayouthclub) and Instagram: [@stcayouthclub](https://www.instagram.com/stcayouthclub) for more details.

Overcoming barriers

If you are struggling to overcome a particular challenge relating to employment or training, please get in touch and talk to us about it. We can often point you in the direction of an organisation or fund that can help you. This might mean:

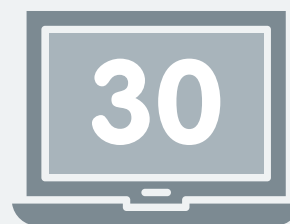
- Suitable clothing for a job interview
- Childcare costs while you attend an interview
- A license or accreditation that you need to get work
- Access to technology
- Advice on how to set up your own business
- Help with course fees so you can gain a qualification that will help you find employment
- Something else that isn't on this list!

If you are experiencing a barrier to finding work or training, get in touch. There is often more support available than you may realise, and we can help you to find and apply for it as needed.

We can also refer you to other local Camden organisations that can help you with other areas of your life such as managing your finances, staying mentally and physically healthy, understanding benefits, getting legal advice, and more.

LOCAL NEWS AND INFORMATION

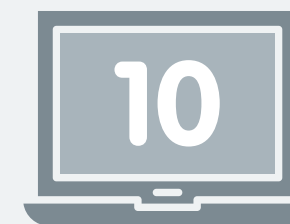
Funding applications collectively submitted by Somers Town Community Association and our partners has enabled...



Chromebooks to be donated to **Regent High School**



Chromebooks to be donated to **Small Green Shoots**



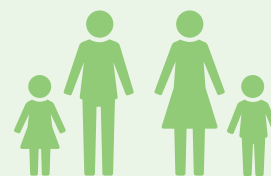
Chromebooks to be donated to **Plot 10**



150 Hampers for Christmas to be funded for **We Are Ageing Better** members



£2,500 to be donated to **Maria Fidelis School** for their Christmas Hampers for local pensioner's fund



30 families support per week through the new **Somers Town Community Hub** (on-going)



29 single mums supported through **Small Green Shoots**



15 families supported through **Origin Housing**

BLACK LIVES MATTER



KEEP
CAMDEN
SAFE



Camden

NHS
Test and Trace

COVID SYMPTOMS?

GET TESTED NOW

**nhs.uk/coronavirus
OR CALL 119**

Protect your
friends and family

FREE Flu Vaccines



The flu virus kills 11,000 in an average year in the UK, and this isn't any year. Flu vaccines are the best protection for you and those around you.

We are pleased to announce that we have partnered with local GP Practices and the St Pancras and Somers Town Living Centre to provide FREE NHS Flu Vaccines at The Living Centre on Mondays, Fridays and Saturdays for eligible patients. To book, please contact your local GP Practice. To find out more about the flu vaccine, including eligibility criteria, please visit: <https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

Help us help you this winter

GP practices involved include (only patients from the surgeries below can access this service):

- Somers Town Medical Centre
- Kings Cross Surgery
- Camden Health Improvement Practice
- Bloomsbury Surgery
- Gower Street Practice
- Ridgmount Practice
- Amptill Practice
- Regents Park Practice
- Swiss Cottage Surgery

HOW TO FIND US

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453

email hello@thelivingcentre.org

www.thelivingcentre.org

The Living Centre is supported by the Francis Crick Institute



The St Pancras
& Somers Town
Living Centre

