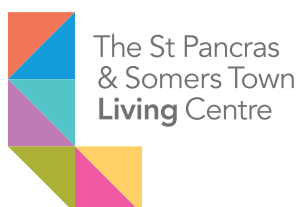


Somers Town Community Newsletter

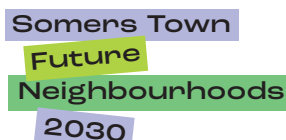
Join us in 'Saluting Our Sisters' and the
#WEMATTER movement during
Black History Month 2023



The St Pancras
& Somers Town
Living Centre



Somers Town
Community Association



Somers Town
Future
Neighbourhoods
2030



Somers
Town
Job Hub
Goobta Shaqo
Raadinta কাজের হাব

LOCAL NEWS AND INFORMATION

Win prizes, save money, tackle the climate emergency!



Somers Town
Future
Neighbourhoods
2030

Find out how this community app can help you take simple actions to save money, stay healthy, secure your kids' future, be connected, and SO MUCH MORE!

Join the Scone App community...

- Take part in challenges for the chance of winning prizes including air fryers and vouchers
- Post regularly and you may win £100 in a draw
- Save money by adopting behaviours that are good for the environment and for your pocket

Download the Scone App NOW!

- Step 1**
Download the Scone app with this QR code.
- Step 2**
Fill in the invite code: FN2030
This will automatically add you to the community after you sign-up to the app.
- Step 3**
Discover the Scone app: watch this video for a tour of the app:
<https://youtu.be/-XhGBI2otQc>



SUPPORTED BY
MAYOR OF LONDON
SOMERS TOWN
NEIGHBOURHOOD
FORUM
SOMERS TOWN
Community Association
Camden

WE NEED YOU! VOLUNTEERS

THE ST PANCRAS & SOMERS TOWN LIVING CENTRE

2 OSSULSTON STREET
LONDON NW1 1DF
020 7380 0453

Organisations currently recruiting include

Urban Community Projects, Little Village, Doorstep Library, University College London Hospitals, Single Homeless Project, Global Generation, North London Cares, Somers Town Legal Corner, The British Museum, The British Library, Voluntary Action Camden & Islington, Bloomsbury Festival, Camden Mela, FN2030 Projects and many more...

Pop in for a chat or call to book an appointment with our Volunteer Coordinator, Ms. Kylie Rahman to find out more!

Email: kylie@thelivingcentre.org
Work mobile: 07483 312 211

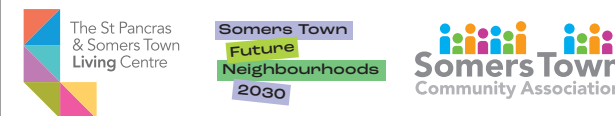
LOCAL NEWS AND INFORMATION

Winter Coat Drive



Donate your unwanted Winter Coats to our Winter Coat Drive
Bring them to the Living Centre Reception Monday to Friday between 9am and 5pm

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF



SHARING SPACE EATS

শেয়ারিং স্পেস

Do you have an event that needs catering?

Why not commission a local Camden chef?

Our chefs supply tasty homemade vegetarian meals using fresh ingredients

Starters/snacks

Samosa
Pakora
Paratha
Daal bora

Sweet treats

Coconut bites
Pitha

Mains

Vegetable Biryani
Lentil/ Veg Curries
Hot Soups
Stir fry
Rice and Curry

Contact:
halima@thinkanddocamden.org.uk



COOK IT YOURSELF

Is centred on food and sharing time with the people who come together in order to share the meal and conversation. It is intended to be pleasurable and enjoyable and to offer social connection, to plan, cook and share affordable, sustainable meals. Feeding the soul, helping your pocket and the planet. Share food traditions across generations and cultures. Explore new healthy foods that you might not normally try.

SWAP A RECIPE, SHARE A MEMORY

Date: Wednesday
Time: 1.00 pm - 2.00 pm
Somers Town Community Association Cafe
150 Ossulston Street
NW1 1EE

CONTACT:
aaliyah@thelivingcentre.org or kylie@thelivingcentre.org



GROW IT YOURSELF

Somers Town Community Association
150 Ossulston Street, NW1 1EE
Rooftop Garden
Tuesday 10.00 am - 12.00 pm

Come along and get involved in growing your own fruit, vegetables and herbs.

Improve your Health and Wellbeing. Save money on food. It's Eco-Friendly, effective and enjoyable workout. Healthy, sustainable food. Minimise waste. Improve air quality.

Contact aaliyah@thelivingcentre.org or kylie@thelivingcentre.org



Somers Town
Future
Neighbourhoods
2030



CHALTON STREET MARKET

MAKE, SWAP, SELL AND EAT
CHALTON STREET NW1 1JH
WED-FRI 10am-4pm

AT CHALTON STREET MARKET WE OFFER:
A FREE STALL AND A TABLE
3 FREE TRIALS WITH PARKING
A DEDICATED TEAM TO SUPPORT YOU
A GOOD NETWORK OF TRADERS
ENVIRONMENT TO LEARN NEW SELLING SKILLS
EXPERIENCE IN STARTING A FOOD BUSINESS, REPAIRING, REUSING, AND RECYCLING
AFFORDABLE PRODUCTS FROM REFILL STATION CAMDEN

For more information contact
MarketsTeam@camden.gov.uk
www.camden.gov.uk/markets
www.camden.gov.uk/somertown-reuse

Stay up to date with the latest news and events. DOWNLOAD the SCONE app.



BAME Women's Group October Health and Wellbeing Events

Monday 2nd October 10.30am – 12.30pm
Coffee Morning at STCA. Raising awareness of the dangers of high cholesterol.

Wednesday 4th October 1.00pm – 2.00pm
Wellbeing sessions with Somers Town Medical Centre.

Monday 9th October 10.30am – 12.30pm
Herbal Tea tasting at the Story Garden with Global Generation.

Wednesday 11th October 1.00pm – 2.00pm
Wellbeing sessions with Somers Town Medical Centre.

Thursday 12th October 1.00pm – 3.00pm
Community Afternoon Tea. Create Awareness on Depression and Mental Health and where to get support from.

Monday 16th October 10.30am – 12.30pm
Coffee Morning at STCA. Celebration of Black History Month.

Wednesday 18th October 1.00pm – 2.00pm
Wellbeing sessions with Somers Town Medical Centre.

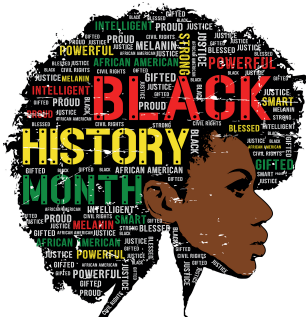
Monday 23rd October 10.30am – 1.00pm
Coffee at the Park. Visit to the Education Centre in Hyde Park.

Wednesday 25th October 1.00pm – 2.00pm
Wellbeing sessions with Somers Town Medical Centre.

Monday 30th October 10.30am – 12.30pm
Coffee Morning at STCA. Breast Cancer Awareness Event.

For more information please contact
sonia@thelivingcentre.org

Black History Season in Camden



Highlights from this year's programme of events, which is open to all, include poetry readings, live musical performances, history walks, art exhibitions, supper clubs and much more.

As part of this year's Black History Season, the Council is working with a range of cultural partners and organisations including Black Owned London, the British Museum, the British Library, Bloomsbury Festival, Outernet and Anti-Apartheid Legacy.

Job Hub social is back!



These workshops are **not job related**, so you can just come along and enjoy a session where you can learn how to – for example make:

- Jewellery
- Glass Painting
- Canvas Painting

There are limited spaces and workshops every Tuesday, 10.30am to 12.30pm at the Make Space.

If you are interested in joining, please email us at jobhub@somerstown.org.uk or call **020 7380 0453** to register your place.

World Mental Health Day

Afternoon Tea at Somers Town Community Association



Tea & Talk or just a chance to be amongst friends
Join us on Thursday, 12th October, 1pm to 3pm

Somers Town Community Association
150 Ossulston Street, London NW1 1EE

'Mental health is a universal human right'



HOW TO FIND US

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453
email hello@thelivingcentre.org
www.thelivingcentre.org

The Living Centre is supported by the Francis Crick Institute

