

LOCAL NEWS AND INFORMATION

The test that could save your life

"I would definitely encourage other people to do it. It's like having an MOT", says local resident, Inigo, aged 52, talking about the free Bowel Screening test which will come through your door if you are over 50.

"If you're offered it" says Inigo "take it".

Inigo's test showed that he needed to go for a further bowel screening, this time in person – a colonoscopy. All further tests were clear. But it was so important to check.

Detecting bowel cancer early makes you up to a massive 9x more likely to be treated successfully.

Everyone aged 50-74 in Camden will get a test landing on their doormat every two years. The test is free, easy to do, and can detect signs of bowel cancer even when there are NO symptoms. Complete it in the privacy of your own bathroom.

So, if you get sent a test: Put it by the loo. Don't put it off. Your next poo could save your life. For more information, go to the NHS pages on Bowel Screening at www.nhs.uk/tests-and-treatments/bowel-cancer-screening/

Don't forget, in Camden, you may be eligible for other free cancer screening tests, which can help spot cancer before you notice anything wrong. Visit the small c website to find out more about screening at www.smallc.org.uk

Finally, you don't have to wait for a screening. If something in your body doesn't feel right, contact your GP.

Don't ignore it. For more information on cancer signs and symptoms go to nhs.uk/cancersymptoms

healthwatch
Camden

Let's build together

Share your thoughts, ideas and feedback so we can keep building a better Somers Town

1-hour drop-in, once a month informal session to speak to an STCA team member.

Tuesday 11th November – 11.30am-12.30pm

Tuesday 9th December – 10.30am-11.30am

Tuesday 20th January – 10.30am-11.30am

Thursday 26th February – 10.30am-11.30am

Please note that these sessions are aimed at being collaborative and positive.

If you can't make any of these sessions but would like to share your suggestions and ideas, please write to

communication@thelivingcentre.org



STCA Café

150 Ossulston Street, London NW1 1EE



St Mary's has been at the heart of Somers Town for 200 years, providing a safe space for worship and creating connections for the community.

Project Overview

The poor condition of the Gothic-style building has meant St Mary's has faced threats of closure and demolition. This project will address urgent works needed taking a significant step forward in bringing the whole building back to its former glory for the benefit of the community!

Donate a Slate

We need to raise £6,000 to replace 200 missing and damaged slates for the roof. You can help us by pitching in £30 to donate your own slate!

Scan to learn more and donate:
<https://tinyurl.com/stmarysurgentworks>



info@friendsofstmaryssomertown.org

www.friendsofstmaryssomertown.org/fundraising



LOCAL NEWS AND INFORMATION



Now Open

8 a.m. - 4:30 p.m.

Monday | Tuesday | Thursday | Friday

Separate catering menu for events
Halal Menu
Online Delivery & Pickup

150 Ossulston Street
London, NW1 1EE
07928 798 854
@spicy_laass
spicylaass@gmail.com



HOW TO FIND US

The St Pancras and Somers Town Living Centre
2 Ossulston Street
London NW1 1DF

Tel 020 7380 0453
email hello@thelivingcentre.org
www.somertown.org.uk

The Living Centre is supported by the Francis Crick Institute



As part of our efforts to be more accessible, we want you to know we now have a FREE 0300 number.
0300 102 7822

If you want something included in the newsletter, please email communication@thelivingcentre.org
Other announcements are also available and can be posted digitally on www.thelivingcentre.org

Connect with volunteering, training and job opportunities - Visit the Job Hub

Somers Town
Future
Neighbourhoods
2030

SUPPORTED BY
MAYOR OF LONDON

Committed to tackling the climate and ecological emergencies, whilst addressing London's health and social inequalities.



LOCAL NEWS AND INFORMATION

OCT
/NOV
2025

Somers Town Community Newsletter

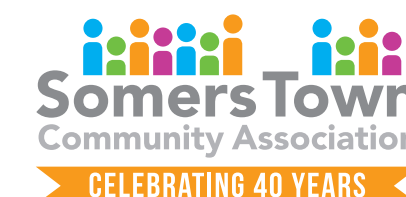
STOP THE HATE

When the world around us seems to overwhelm at every turn, we must all hold true to the fact that good will champion over evil,
but only if we stand united against the dark that allows evil to grow.

We must stand united acting as individual lights, as light beats darkness. We just need to believe and trust in that. So stay strong and do not let the darkness and hate put out your light, **OUR LIGHT.**

Somers Town Community Association, the St Pancras and Somers Town Living Centre and the Somers Town Job Hub, stand as lights and believe there is a better future and should you need a chat or just a place to re-energise then we are here, come in and let's be strong together.

Mrs S Elie MBE
Executive Director Somers Town Community Association and
Executive Lead for the St Pancras and Somers Town Living Centre



CELEBRATING 40 YEARS



SUPPORTED BY
MAYOR OF LONDON



Support local chefs and groups serving delicious food at STCA

LOCAL NEWS AND INFORMATION

MET ENGAGE
Community crime-fighting

More Trust | Less Crime | High Standards

We're transforming the Met to become a service that truly delivers for London's communities, and we need your help.

Through our new platform Met Engage we want the public to get to know their local officers, help shape how we police their local area and have direct access to key information and advice.

This isn't just a platform for us to tell communities what we're doing in their area, it's an opportunity for them to tell us what's concerning them the most so we can take action on the things that truly matter to them. Our service will be tailored to our communities.

Make sure you have signed up, and understand how it can help you.

metengage.co.uk



LEARN-ELECTRONIC REPAIR & EMPLOYMENT WORKSHOP

Watch, learn and get hands-on experience for free at this community electronic repair workshop. Get assistance with CV writing and job interviews.

ST PANCRAS AND SOMERS TOWN LIVING CENTRE
2 OSSULSTON STREET
LONDON NW1 1DF

Tuesday 17th Nov 10am - 4pm

Book now by scanning the QR code or call Alex on 07773 898 806 for more information.

Limited availability.



BLACK HISTORY MONTH

Standing Firm in Power and Pride

PRE AND POST-NATAL BODY CONDITIONING EVENT

Join Better and Somers Town Living Centre for a free fitness session designed for pregnant women and new mums, featuring guided exercises, expert advice, and a chance to ask questions in a relaxed, supportive setting.

When: Friday 3rd October, 1pm - 2pm
Where: Somers Town Living Centre

Helping you to feel strong and in control at every stage of motherhood.

For more information, please email camden@gll.org

FREE EVENT



Camden Somers Town Community Association The St Pancras & Somers Town Living Centre BETTER

LOCAL NEWS AND INFORMATION

London Museum Docklands visit and tour

Some photos from the community visit to the Docklands in which attendees were taken on the Welcome to Docklands Tour which gives an overview of the history of London Docks, the East End and the people who lived in it. For more information, please visit <https://www.londonmuseum.org.uk/docklands/> For any other similar events, please contact sonia@thelivingcentre.org



Celebrations

Training Link

We would like to greet our friends and partners from Training Link with a happy 40th anniversary. Your journey from starting as a space for women to learn and showcase skills has gone a long way. Your valuable work as a community learning centre is priceless and Somers Town is better thanks to the passion, hard work and commitment your team (past and present) has. Congratulations, it has been an honour to walk alongside you, and we look forward to continuing working closely with you for the next chapter.

FEAST
2015-2025
10 YEARS

A happy 10th birthday to our amazing partner, Feast With Us. The community and connections you've built over the wonderful, nutritious meals you've cooked has been life-changing. We are privileged to witness what you do up close and we are excited for what is ahead for you. Thank you for all the time, talent and love you've poured into your work. Congratulations on 10 years!

FLORI CANTO

50% OFF

On most items

Over 250 grams

Or 20% when you spend £20 or more

Support Flori Canto's mission to supply quality organic certified tea, infusions, spices, remedies and superfoods.

Flori Canto
90 Chalton Street NW1 1HJ

BRITISH LIBRARY

FREE

The living story: gathering around the page

Shared reading and writing sessions inspired by items in the British Library's collections

Join us this autumn and winter* for facilitated literary sessions that invite us to use images, books or recordings from our collections to think about our own lives. There will be one reading and one writing session per month.

We ask that you come as you are; there is no preparation required. We hope to create a friendly space for discussion, reflection and shared creativity. Sessions are open to all adults, no need to sign up or attend all.

Reading session: Second Friday monthly, 11.30 - 13.00
Writing session: Fourth Friday monthly, 11.30 - 13.00

The Last Word Community Hub, British Library
96 Euston Rd., London NW1 2DB

*Autumn and Winter 2025, excl. Dec. 26

LOCAL NEWS AND INFORMATION

Sew Socials Weekly

Sewing Machines available to use for your own projects

Mondays
1pm - 3pm
& 5pm - 7.30pm

Somers Town Community Association
150 Ossulston Street, London NW1 1EE

For more information email ema@thelivingcentre.org



Somers Town Community Association
SUPPORTED BY MAYOR OF LONDON
SOMERS TOWN NEIGHBOURHOOD FORUM
SOMERS TOWN COMMUNITY ASSOCIATION
Camden

TRAINING AND EVENTS

Introduction to Marketing Communication and Social Media: Voluntary and community organisations 7th October	Voluntary Organisational Structures: What's right for you? 19th November
Camden Trustees and CEOs Network Meeting 13th October	Introduction to Social Prescribing: Non-clinical, community-based health and well-being 22nd October
Introduction to Safeguarding Children 15th October	An introduction to Safer Recruitment 22nd October

For more information, visit <https://vac.org.uk/events/>

VOLUNTARY ACTION CAMDEN

Somers Town Job Hub
Goobta Shaqo কাজের হাব

Working for the community

Getting the community working!

We offer 1-2-1 advice and support by appointment, please contact us to book your slot.

Telephone **020 7380 0453** or email jobhub@somerstown.org.uk

Opening hours
Monday to Friday 9.00am to 5.00pm

Address
The St Pancras & Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Welcome to our SHARING SPACE

Let's share more for a better future

Launching at 5 Camden libraries October-March:

- Swiss Cottage Tuesdays, 6-8
- Highgate Wednesdays, 3-5
- Holborn Thursdays, 4.30-6.30
- Rentish Town Friday lunchtime

Coming Soon:

- Repair and share
- Clothes and toy swaps
- Free veggie supper
- Making connections
- Energy saving tips
- Gardening and Planting
- Crafting

Would you like to cook a veggie meal or volunteer to run a workshop?

All Free!

Scan me to stay up to date!



Speak to Library Staff or email: info@thinkanddocamden.org.uk

OUR CLIMATE IS CHANGING ... SO MUST WE

THINK&DO
COMMUNITY CLIMATE & SOCIAL ACTION

