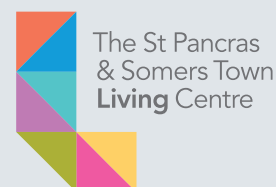


The Living Centre Weekly



The St Pancras
& Somers Town
Living Centre

Most of the services listed below can be accessed throughout the week. If you need to speak to one of our staff 1:1 or have a health related appointment, please make the necessary booking beforehand.

Monday

- Somers Town Legal Aid Corner **10am-4pm**
- Job Hub Team **10am-4pm**
- Sign Posting and Referrals advice
- Food Bank Voucher Collection **10am-4.30pm**
- Vitamins Mother and Baby **10am-4.30pm**
- Health and Wellbeing – Female Advocate
- Clothes Swap – contact howlcollective.uk@gmail.com
- Women's Coffee Morning **10.30am-12pm**
- Urban Community Project Cooking classes **12pm-2pm**
- Zumba for Fitness Class **12.30pm-1.30pm**
- Smoking Cessation Clinic **1.30pm-5pm**
- Bengali Language programme **4pm-6pm**

Tuesday

- Somers Town Legal Aid Corner **10am-4pm**
- Job Hub Team **10am-4pm**
- Vitamins Mother and Baby **10am-4.30pm**
- Health Watch Team **10am-5pm**
- Sign Posting and Referral advice
- Health and Wellbeing – Female Advocate
- Clothes Swap – contact howlcollective.uk@gmail.com
- Volunteering Opportunities – jobhub@somerstown.org.uk
- Hopsotch Women's Support Service (walk-in) **11.30am-1pm**
- Icope **12pm-4pm**
- Civitas (After school education programme) **5pm-7.30pm**
- Families in Focus (Caring dads) **5pm-8.30pm**

Wednesday

- Somers Town Legal Aid Corner **10am-4pm**
- Job Hub Team **10am-4pm**
- Shaw Trust 1:1 pre employment advice (fortnightly) **10am-4pm**
- Food Bank Voucher Collection **10am-4.30pm**
- Vitamins Mother and Baby **10am-4.30pm**
- Confidence/Motivation Interview Workshops 1-2-1 every second Wednesday – twice a month (1 hour sessions) **11am-1pm**
- 1-2-1 IT sessions with a Digital Champion **2pm-5pm**
- Nutritional Clinic (appointment based)
- Clothes Swap – contact howlcollective.uk@gmail.com
- Volunteering Opportunities – for more information contact jobhub@somerstown.org.uk
- Groove Chorus **6.45pm-8.45pm**

Thursday

- Somers Town Legal Aid Corner **10am-4pm**
- Job Hub Team **10am-4pm**
- Vitamins Mother and Baby **10am-4.30pm**
- 1:1 appointments with nutritionist **10am-5pm**
- Check in with Health and Wellbeing Female Advocate
- Clothes Swap – contact howlcollective.uk@gmail.com
- Volunteering Opportunities – for more information contact jobhub@somerstown.org.uk
- Camden Mobile Foodbank – Food surplus from Feast With Us hand out
- Civitas – after school educational provision **5pm-7.30pm**
- GCSE revision classes **5.30pm-7.30pm**

Friday

- Camden Health Evolution 1:1 appointments **9am-5pm**
- Solace – counselling **9.30am-4.30pm**
- Sign Posting and Referrals advice
- Somers Town Legal Aid Corner **10am-4pm**
- Job Hub Team **10am-4pm**
- Vitamins Mother and Baby **10am-4.30pm**
- Cost of Living support appointments and PIP support appointments
- Check in with Health and Wellbeing Female Advocate
- Clothes Swap – contact howlcollective.uk@gmail.com
- Volunteering Opportunities – jobhub@somerstown.org.uk
- Mind Camden Living Room mental health support **11am-1pm**
- Blind Aid **11am-4pm**
- Healthprom support for Ukrainian refugees **5pm-8pm**

Saturday

- Civitas (After school education programme) **8.30am-6.30pm**
- Clothes Swap – for more information contact howlcollective.uk@gmail.com

Sunday

- Faith-based Groups
- Clothes Swap – for more information contact howlcollective.uk@gmail.com
- Kindle Corner Tuition Centre **10.30am-12.30pm**

While we try our best to keep this timetable as updated as possible, schedules might still change without prior notice. If you need to verify the schedule, please get in touch with us via **0300 102 7822** or by emailing info@thelivingcentre.org or just walking in.

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

For further information, visit www.somerstown.org.uk/whats-on/calendar/